

# NEW SEASON NEW ROUTINE



As the weather warms up, it's a natural time to update your skincare and beauty routine, putting away a few of your winter products and reaching for some spring and summer necessities.

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## PROTECT

One of the most important steps of your daily skincare routine is sun protection. Be sure to wear sunscreen every single day, even on those Northwest, cloudy, overcast days. This could include sunscreen on top of your day cream or a combination of products such as an antioxidant serum, mineral SPF primer, and mineral powders.

### ▷ PRODUCTS TO TRY:

SkinCeuticals Physical Fusion UV Defense SPF 50, Color Science Sunforgettable Face Primer SPF 30, and Jane Iredale Loose Mineral Powder SPF 20 in a variety of shades. Enjoy the scents of summer with Coola Sport SPF 30 Pina Colada Body Sunscreen Spray.

## DIG YOUR TOES OUT OF THE SAND

Even if you aren't headed off for vacation, it might be time to treat your feet to a Shellac pedicure to keep your toes bright and chip-free.

### ▷ PRODUCTS AND SERVICES TO TRY:

Signature or Shellac Pedicure with CND Vinylux (Tropix or Desert Poppy). Gehwol foot care products. Clarisonic Pedi Sonic Foot Transformation Kit.



## LOOK SUN-SATIONAL

How do you get that tan glow without damaging and aging your skin? Fake it! Use a bronzer to get a sun-kissed summer glow. Avoid looking over-done and enhance that glow with a nude lip gloss.

### ▷ PRODUCTS TO TRY:

St. Tropez Gradual Tan Everyday Body Light/Medium to match any complexion and warm up skin tone from head to toes. Hourglass Extreme Sheen High Shine Lip Gloss (Child or Verse are great neutrals for most skin tones).



## BALANCE IS BEST

If your skin tends to be more oily or combination during the warmer months, consider switching to a gel-based exfoliating cleanser, a moisture-enhancing serum, and a lighter moisturizer with a higher water-to-oil ratio.

### ▷ PRODUCTS TO TRY:

SkinMedica GlyPro Exfoliating Cleanser, SkinCeuticals Hydrating B5 Gel, and Phytomer Accept Neutralizing Cream.

## LET NATURE TAKE ITS COURSE

One of the best ways to look more youthful is to enhance your natural beauty. Enhance your hair color with a highlight treatment. Bring out your eyes with a lash and brow tint. Achieve a flawless complexion by getting color-matched for the perfect mineral bronzer. Schedule a consultation for Latisse so you can grow luscious lashes by summer.

### ▷ PRODUCTS TO TRY:

Jane Iredale Quad Bronzer and Latisse (bimatoprost ophthalmic solution 0.03%)